JUMP INTO JOY EXPERIENCE

Educator Package

Inspire girls in your school to live with a positive mindset!

COMPLETE FACILITATOR GUIDE (30 PAGES) FOR 5 1-HOUR WORKSHOPS

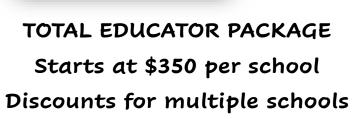
Each workshop has step-by-step instructions which include:

- 1) Workshop set-up, structure and closing.
- Positive Mindset Tool descriptions along with detailed discussion prompts.
- Mindful crafts with supply lists & templates.
- Positivity games with templates.

5 DOWNLOADABLE WORKBOOKS (FULL COLOR & PRINTABLE)

- 1) Introduction: What is a Positive Mindset (11 pages)
- Self-Image/Affirmations (6 pages)
- Gratitude (6 pages)
- Visualization & Meditation (6 pages)
- 5) Service To Others & Wrap-Up (6 pages)
- COMPLETE TRAINING OF EDUCATORS & ALL WORKSHOP LEADERS
- PARENT LETTER TEMPLATES
- MARKETING STRATEGIES & PROMOTIONAL PIECE TEMPLATES
- Unlimited Phone Support





Add inspiration & mindfulness to your education culture.

Fulfill Mental Health/Physical Education/Health class requirements.

Add a positive, extra-curricular activity to your school calendar.

Take the guesswork out!

The leawork has been done! This is a simple, step-by-step plan!





